



O U R C s

Captain's Meeting Agenda

7pm, Thursday 1st week Michaelmas Term 2020

15th October 2020

Chair: Alexander Bebb (OUBC President)

1. Register and Welcome

2. Minutes of the Last Meeting

- Available at: <https://ourcs.co.uk/organisation/meetings/>

3. Matters Arising

- **Affiliation Fees** – Vivian Leong (OURCs/St Hughs) to speak

4. Squad Reports

OUBC

The 2021 squad is off to an encouraging start despite a few setbacks due to COVID – late arrivals and continued adaptation to new rules and regulations. The squad's mentality is optimistic and upbeat despite the uncertainty and looming issues with the pandemic. We've had a couple weekends at the national team facilities at Caversham, getting in some early seat racing and selection. We currently have enough athletes for 3 eights, with both spare rowers and coxswains. Our goal is to run a 3rd eight throughout the entire season, something we introduced last season. This both pushes the Isis crew and offers a better development pathway for athletes.

Normally, our squad would be in preparation for Fuller Fours Head of the River. Due to the Sports Federation's Silver Committee decision to ban external competition, we are having to adapt. We will probably hold an internal race at Wallingford as a first test of speed over race distances. Trial Eights will be the next big test after our Wallingford race. There is a lot of uncertainty with the course due to the Hammersmith Bridge closure. Ideally, we will find another stretch of Tideway to race over, however, no suitable location has been yet found.

OJWBC

The squad started training on Monday the 7th of September. We started with 30 rowers and 3 coxes. Among the new squad there is a large group of returning Blues from last year. Seven of the nine athletes, including cox Costi Levy, have returned to take their shot at Cambridge. Additionally, we have two Osiris 2020 returners. Near the end of pre-season the squad completed their 5k tests and overall had a strong showing.

Due to Covid-19 precautions, we have split the squad into A and B training groups. Sunday pieces in the 8+'s have been going well for both boats and we are in a good position for the upcoming racing season. The squad morale is positive and the level of rowing abilities is one of our best yet. Athlete safety during the pandemic is OJWBC's top priority and adaptations by coaches and support staff have been made to ensure we can safely train.

OULRC

The squad has had a positive start to training despite the various necessary limitations imposed by Covid-19. Through Trinity term and the Summer a virtual group was organised to keep track of training and get potential athletes motivated for the season ahead. Part of this training included participation in the Oxford to Fulham fundraiser alongside the other 3 university squads, which ended up raising over £6000 for BAME junior rowers. We are excited about continuing working on outreach in the coming year with the whole rowing community at Oxford.

Pre-season began on September 14th; since then there has been a particular focus on small boats, firstly to mitigate risk of virus transmission, but also as a way to develop technical skills. Many athletes have also cycled to training to keep minibuses use to a minimum. We currently have a total of 20 rowers and 3 coxes in the process, including 5 returning Blue Boat athletes and 5 from Nephthys. This represents a strong turnover from the previous year and gives the squad plenty of experience. We are also continuing to work with the Blues Performance Scheme so athletes can attend strength and conditioning sessions safely. The recent ban on competitive fixtures outside Oxford makes it hard to predict when the squad will be able to put out boats to race, and it will be disappointing if we are unable to race at Fours' Head. Despite this, we are making encouraging progress with regular competitive pieces and time trials and will continue to run these in the run up to Trial Vllls

OUWLRC

This term, OUWLRC have welcomed a new coaching team along with many new athletes. Using our summer development programme as a springboard for the year, we have started the season strongly, despite COVID-19 restrictions. The focus on water sessions has built a strong technical foundation, with crews already showing significant progress, and erg testing has established a good baseline for the season. The start of term brings with it the start of a more regular training plan that will put us in the best possible position to race Cambridge next term.

5. Rowsab Ratification – Jack Woodward to speak

- Beth Carter (New College)

6. Ratification of Ordinary Committee Members – Jack Woodward to speak

- Tom Stewardson (Brasenose) (reappointment)
- Hannah Germain (Corpus Christi) (reappointment)
- Matilde Soares da Silva (Merton) (reappointment)
- Luke Svasti (Linacre)
- Daina Šadurska (St Cross/Wolfson)
- Natasha Smith (Worcester)
- James Marsden (Wolfson/Corpus Christi)

7. Ratification of Webmaster – Jack Woodward to speak

- Ty Rallens (Merton) (reappointment)

8. SU Appointments – Beth Carter to speak

- Dr Rachel Quarrel
- Dr David Locke

- Ian Maconnachie
- Caroline Barnes (completed her training Summer 2019)
- Dr Alex Woods (will be training as an SU this Winter)
- Dr Joe Hitchen (will be training as an SU this Winter)

Proposer: Dr Rachel Quarrel

Secunder: Beth Carter (OURCs)

9. Transfers under A1.2 – Beth Carter to speak

Objections may only be made on the grounds that:

- *Athlete is not a member of the college they are transferring from*
 - *Athlete has never been a member of the college they are transferring to*
- Thomas Holvey: St Johns to St Peters (papers in order)
 - Aksel Saukko-Paavola: Linacre to St Edmund Hall (papers in order)
 - Sophie Gray: Linacre to St Edmund Hall (papers in order)
 - Anna Gleizer: Mansfield to St Edmund Hall (papers in order)
 - Megan Chester: Brasenose to Christ Church (papers in order)
 - Raphael Heim: Brasenose to Keble (papers in order)
 - Alexandra Hertlein: St Catherine's to St Peter's (papers in order)
 - Katherine Kowal: Hertford to Green Templeton (papers tbc)

10. River Closures

- **Autumn Fours**
Sunday 8th November (5th Week) – 12:00 until Closing Time or End of Racing
Proposed: Jack Woodward (OURCs/Worcester/Osler)
Secunder: Beth Carter (OURCs)
- **Isis Winter League**
IWL A: Sunday 1st November (4th Week) – 12:00 until Closing Time or End of Racing
IWL B: Sunday 29th November (8th Week) – 12:00 until Closing Time or End of Racing
Proposed: Jack Woodward (OURCs/Worcester/Osler)
Secunder: Beth Carter (OURCs)
- **Nepthys Regatta**
Friday 13th November (5th Week) – 11:00 until Closing Time or End of Racing
Saturday 14th November (5th Week) – Opening Time until Closing Time
Proposed: Chloe Tubman (OULRC)
Secunder: Ed Lamb (OULRC)
- **Michaelmas Novice Regatta**
Wednesday 25th November (7th Week) – 11:00 until Closing Time or End of Racing.
Thursday 26th November (7th Week) – 11:00 until Closing Time or End of Racing.
Friday 27th November (7th Week) – 11:00 until Closing Time or End of Racing.
Saturday 28th November (7th Week) – Opening Time until Closing Time
Proposed: James Marsden (Wolfson/OURCs)
Secunder: Lauren Wilburn (Linacre)

11. Michaelmas Novice Regatta – James Marsden to speak

Linacre and Wolfson College Boat Clubs have volunteered to host a Michaelmas novice regatta in light of Christ Church's announcement that they do not have the capacity to run an event alongside their pandemic response. Given this partnership having not historically run these events, and therefore the lack of a pre-existing budget for costs, they would like to bring the following motion:

- ***Linacre and Wolfson College Boat Clubs would like to request that OURCs underwrites the 2020 Michaelmas Novice Regatta for a maximum of £500. This would be matched by the combined contributions of Linacre and Wolfson College Boat Clubs. In return for this, 50% of the profits of the event would go to OURCs.***

Out of courtesy to the captains, they would also like to request the following permissions. These, under OURCs rules do not need a formal vote, but they would like an indication of support from the captains on:

- ***Use of the OURCs equipment for the running of the regatta, as usually granted to Christ Church for their regattas.***
- ***Use of the OURCs Captains' Mailing list (via the OURCs secretary), to send information and a survey to the captains on what the clubs want from this event.***

This motion has been given the necessary permissions from the OURCs Secretary, Sabbatical officer and Treasurer. The Captain of Coxes has also been consulted and has given his support.

Proposed: James Marsden (Wolfson/OURCs)

Seconded: Lauren Wilburn (Linacre)

12. Adaptive Rowing – Hannah Germain to speak

13. Swim-tests – Beth Carter to speak

14. Safety/Reminders – Beth Carter to speak

- COVID
- BR Safety Audits
- Launch permissions
- Lights/life-jackets
- Complement
- Conduct
- COUR rep

15. AOB

- Discussion point: A4s 8+ - Jack Woodward to speak
- E-learning – Jack Woodward to speak
- Committee positions – Jack Woodward to speak
- 6th Week Torpids – Jack Woodward to speak

16. Extra Slots

This term we had 12 applications for extra slots, priority was given to clubs who had the greatest number of boats training on the Isis, and to those without grad college status.

Monday: Opening - 8am	St Annes
Tuesday: Opening - 8am	New
Wednesday: Opening – 8am	Univ
Thursday: Opening – 8am	Magdalen
Friday: Opening – 8am	LMH
Sunday: 1pm-3pm	Osler House
Sunday: 3pm – 5pm	St Hildas

Clubs who have received slots may swap days if they want to, but please let OURCs know so that the list can be updated.