



GB PARA ROWING

WRITE YOUR NAME IN THE HISTORY BOOKS



THE MOST SUCCESSFUL PARALYMPIC ROWING PROGRAMME *IN THE WORLD* IS ALWAYS RECRUITING

*You might be rowing at university, at a club
or have never tried our sport before.
If you have what it takes to become a
Paralympian both physically and mentally,
we want to know you.*

*Paralympic impairments can range from
visual impairments and restricted movement
to spinal injuries and amputations.*

Help us secure our legacy.



**TALK TO A
COACH TODAY**



OUR PARALYMPIC LEGACY



Our team has won gold at every Paralympics since rowing was introduced.

Will you help us write the next chapter?

YOUR JOURNEY



TO LA 2028

STARTS TODAY!

QUICK GUIDE TO CLASSIFICATION

PR1



HOW WILL THEY ROW?

Athletes row with their shoulders and arms only - they use strapping around their trunk for stability in the boat

EXAMPLE DISABILITY

- Spinal cord lesion
- Bilateral above knee amputee

PR2



Athletes have arm and trunk function and row in a fixed seat, with optional leg straps

- Fused knee
- Bilateral lower limb amputee

PR3



Athletes row on a sliding seat with a minimal criteria physical or visual impairment

- Restricted ankle / wrist movement
- B3/B2/B1 visual impairment