Risk Assessment

Event	Summer Eights	Date:	24-27/05/2023
Author	Oliver Hedges (last edit Natasha Smith)	Rev:	17/04/2023

			that a Hazard causes a			m caused by the occurrence dous Event		2)	·-E)	sk (L/M/S/I)			Ac	ctior	n Ow	ners	i
No	o: Hazard	Barriers	Action to maintain barriers	Hazardous Event	Controls	Action to maintain controls	Harm	Severity (1-5)	Probability (A	Level of Risk (L/	Race Secretary	Race Committee	Incident Co-Ord. Launch Drivers	Senior Umpire	Marshals	Other	if other, who?
				Water													
1	Boats afloat for racing	Coaches and crews must have read the safety briefing and circulation plan before going afloat for practice or racing. Marshals to check all boats for adequate buoyancy measures before boating.	Prepare and provide safety briefing and inform coaches and crews that they must read it. Coxes to attend pre-event safety briefing. Marshals briefed on boat checks. Crews or athletes/coxes may be removed from racing if they are deemed to be unsafe.	Capcizo or sinking	Marshals to fire klaxon if race is in progress. Rescue with launch. Administer first aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Cold water immersion leading to	2	С	Low	X	X	X	(X	X	Coaches, coxswains, crews
		Crews to be aware of and follow circulation plan. Marshals to direct crews. During racing,	Prepare and provide safety briefing and inform coaches and crews that they must read it. Coxes to attend pre-event safety briefing. Coxes must be registered with OUCS. Race		Marshals to check all boats for bowballs and backstays, which minimise severity of damage in a collision. Rescue damaged boat with launch if necessary. Administer first aid.	Marshals briefed on boat checks. A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover.		2	С	Low	х	Х	X	(X	х	Crews, coxswains, coaches
2	Boats afloat for racing	crews set off in approximate speed order and with sufficient gaps between them so boats should not be near each other. Race klaxoned if racing line unavoidably blocked and/or collision is imminent.	Committee/Secretary/marshals to remain vigilant for incorrect circulation and communicate to crews circulating incorrectly. Crews or athletes/coxes may be removed from racing if they are	boat	Marshals to check all boats for bowballs and backstays, which minimise severity of damage in a collision. Rescue injured athlete with launch if necessary. Administer first aid.	Marshals briefed on boat checks. A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover.		2	С	Low	Х	х	X	(x	Х	Crews, coxswains, coaches
			deemed to be unsafe. Marshals briefed on circulation pattern and when to klaxon.		Rescue with launch. Administer with first aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover.	Athlete knocked into the water. Cold water immersion leading to mild hypothermia	2	С	Low	Х	X	x		X	Х	Crews, coxswains, coaches
3	Boats afloat for racing with people in the water	No individuals to voluntarily enter the water during the event. Crews expected to be competent enough to avoid being ejected from their boat	in the Water Lirewe or	Collision between boat and	Rescue with launch. Administer with first aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover.	Injury, unconsciousness, water	4	В	Moderate	X	X	X	x x	XX	X	Crews, Coxswains, Other River Users
4	Athletes who are unable to swin being present in racing crews	All college crews must have passed an OURCs swim test. All non college crews must enter a declaration of swimming ability or proof of passing an OURCs standard swim test.	Entries system prevents college crews with non-swim-tested crews being entered for racing.	Athletes who are unable to swim falling into deep water	Rescue with launch following each division	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Water aspiration, drowning	4	A	Low	х		X	(х	Club secretaries
5	Poor rowing technique	Athletes expected to be sufficiently competent	Athletes may be removed from racing if they are deemed to be dangerous	Ejector crab	Marshals to klaxon race immediately if someone enters the water. Rescue with launch, administer first aid, warm up slowly	A fully equipped safety launch in attendance for every division and at hand during warm up. Check there is sufficient safety cover.	Cold water immersion leading to	2	В	Low	Х	х	X	(Х	Crews

		Committee and officials to clear river of debris as needed, using	Inspect course before start of			A fully equipped safety launch in									
6	Debris in the river	the launches if necessary. Protect the crews from larger, immovable, objects or suspend racing while it is moved.	racing. Race officials and marshals to remain vigilant for new objects entering	Collision with objects, Capsize	Rescue with launch If necessary. Use launch to escort damaged boats to closest landing stage.	attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to boats, cold water immersion leading to mild hypothermia	2	В	Low	x x	×		X	
7	Launches afloat	All launch drivers operating during the hours of racing are to be RYA2 trained	Refresher training available if required	Capsize of launch	All people on board launches must wear lifejackets. Second launch available to assist. Rescue with launch. Administer first aid. Warm casualty up slowly.		Cold water immersion leading to mild hypothermia	2	В	Low	х	X	(
8	Launches afloat	All launch drivers operating during the hours of racing are to	Refresher training available if required	Collision involving launch	Second launch available to assist and tow damaged launch.		Damage to launch	2	С	Low	x	×	(
		be RYA2 trained	required		Second launch available to assist. Rescue with launch. Administer first aid.		Injury to launch crew	2	В	Low	X	×	(
9	Launches afloat	All drivers or passengers to be seated or holding on to something.	Passengers to be instructed on how to stay safe whilst on a launch.	Falling out of launch	Lifejackets worn by everyone, kill cord worn by the driver at all times. Rescue with launch. Administer first aid. Warm casualty up slowly.	A reminder of life jackets and kill cords to be given to all launch drivers. A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Cold water immersion leading to mild hypothermia	2	С	Low	х	×	(×	All launch passengers
10	Launches afloat	Kill cord worn by the driver at all times	A reminder of kill cords given to all launch drivers	Uncontrolled driverless launch	Second launch available to recover and tow first launch	A second launch is available at all times	Uncontrolled launch collides with boats/obstacles	3	В	Low	x	×	(
11	Spare launch afloat outside of racing hours	All spare launch drivers operating outside the hours of racing to have been instructed in required competencies for the role.	Refresher training available if required	Capsize of launch or collision involving launch	All people on board launches must wear lifejackets. Second launch available to assist. Rescue with launch. Administer first aid. Warm casualty up slowly.		Cold water immersion leading to mild hypothermia. Damage to launch.	2	С	Low	Х	X	(
12	Debris in river	Crew to clear river of debris as appropriate.	Marshals and all launch users to be vigilant for debris in river	Failure of engine due to fouling of propeller. Stranded launch.	Self-rescue of launch using paddle. Rescue with another launch. Remove debris from propeller.	Launch to carry British Rowing recommended safety equipment, including a knife and paddle. Two launches in operation.	Damage to launch	2	В	Low		×	(X	All launch passengers
			120.20 Dula" to be used so	Weather	_										
1	Possibility of electrical storm	All crews to leave the water rapidly, instructions from Race Secretary or Senior Umpire using radios carried by launch drivers.	"30-30 Rule" to be used as advised by BR. Senior Umpire issues instructions to everyone at river by radios. Coxes briefed on what to do in the event of an electrical storm at pre-event briefing	Rower or official struck by lightning	Provisions for first aid, medical treatment, and casualty evacuation to hospital. AEDs mounted on University BH, and upstream side of Balliol BH.	Medical personnel to be competent and properly equipped.	Electrical burns, shock	3	В	Low	х		x		
2	Bad weather causing un-rowable	Modified flag system to be followed (see below).	Senior Umpire to assess weather and conditions in consultation	Crews swept into obstacles.	Boats equipped with bowballs and backstays. A fully equipped safety launch in attendance at all times. Rescue with launch. Administer first aid. Warm casualty up slowly	Ensure that there is sufficient safety cover. Check equipment prior to use.	Equipment damage Rowers injured Cold water immersion leading to mild hypothermia	3	D	Moderate	x x	×	x	×	Coxswains, crews, coaches

	and/or dangerous conditions	Cancellation or restrictions to be implemented if appropriate.	with EA and other advisors to decide if race is safe to occur.	Boats capsizing or swamping	Boats have floatation compartments. Rescue with launch. Administer first aid. Warm casualty up slowly	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Cold water immersion leading to	2	В	Low	X		× ×			
3	Extreme* heat (* indicates subjective conditions, as decided by the SU team)	Athletes and officials to wear sun cream and stay hydrated	Pre-event coxing briefing and emails before and during the event to be sent if forecasts suggest likelihood of hot weather	People unprotected from sun	Administer first aid, keep casualties cool and hydrated	Water available at boathouses, all marshals have radios to summon first aid if needed	Heatstroke, sunburn	2	В	Low	x x			x	x	Crews, Coxswains
4	Extreme* cold (* indicates subjective conditions, as decided	Athletes to wear sufficient layers during warm up and racing. Delays, cancellation, or restrictions on racing to be implemented if appropriate.	Senior Umpire to monitor conditions with the help of event committee and marshals	Athletes becoming too cold on the water	Rescue with launch if needed, administer first aid. Warm up casualties slowly.	A fully equipped safety launch in attendance for every division and at hand during warm up. Check there is sufficient safety cover. Hot water for drinks available at race desk.	Mild hypothermia, injuny due to	2	В	Low	x x	(X	X	X	Crews, Coxswains
	by the SU team)	Officials to wear sufficient layers during shifts. Delays, cancellation, or restrictions on racing to be implemented if appropriate.	Senior Umpire to monitor conditions with the help of event committee	Officials becoming too cold	Provide adequate first aid cover. Regularly check marshals etc. are ok	Welfare team to be set up by Event committee to distribute hot drinks and monitor marshal and umpire wellbeing if necessary	Mild/moderate hypothermia, slowed response time to incidents due to cold	3	С	Moderate	x x		x	X	X	Umpires
5		Use adequate lighting on boats If visibility is reduced to less than 100m on any part of the racing course then racing is suspended or cancelled.	Organisers to monitor conditions Crews to be warned before the race if low visibility is likely to occur	Crews crashing into obstacles or	Rescue with launch. Administer first aid. Warm casualty up slowly	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Rowers injured Cold water immersion leading to	3	В	Low	x x	(x x		X	Coxswains, crews, coaches
				Other water u	isers											
		Signs visible to river traffic displayed at the entry points onto the course .Senior Umpire to check river is clear using marshals, and ensure other river users on the racing course are static before starting racing.	Pre-event contact made with other river users alerting them to the event (see event plan). Install signs displayed at the entry points onto the course. Brief Marshals to make sure crews stick to the sides of the river, as shown by the circulation pattern leaving the centre free. Also not		Rescue damaged boat with launch if necessary. Administer first aid.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover.		2	В	Low	x x		X	X		Coxswains, other river users
1	Other River traffic	Marshals to make sure crews stick to the sides of the river, as shown by the circulation pattern leaving the centre free. Ensure crews do not spin in front of cruisers. Moor cruisers up at when a race is about to go off. Coxes observe the circulation	to allow crews to spin in front of cruisers. Key marshals equipped with megaphones to hail crews, and	Collison between a crew and another river user	Rescue injured athlete with launch if necessary. Administer first aid.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover.		2	В	Low	XXX		X	X		Coxswains, other river users
		cruisers. Racing to be stopped by marshals if river traffic seems likely to cause a hazard to racing crews.	observe the circulation pattern and not to spin in front of cruisers. Brief coxes and crews to be aware of small craft such as paddleboarders and/or swimmers.		Rescue with launch. Administer with first aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover.	Athlete knocked into the water. Cold water immersion leading to mild hypothermia	2	В	Low	x x	(X	x		Coxswains, other river users
				Handling boats	on land											
1	Boats being moved on the land	Crew and coxswains to remain aware of spectators on land	Clubs aware of responsibilities for any supporters and spectators. Coxes to be	Collision between boats or	Administer first aid	Ensure adequate Medical Cover present. Marshals available at boathouses with radios to contact medical cover.	Injuny to hystanders	2	С	Low					X	Coxswains, crews
	250.5 Joing moved on the falla	whilst moving boats	reminded of this in pre-event briefing.	blades and spectator	Administer first aid. Warm	Ensure adequate Medical Cover present. Marshals available at	Person knocked into river. Cold	.]								Coxswains,

2	Boats being moved on the land	Crews recommended to lift with a straight back and use good technique. Coxswains to monitor safe technique	Coxswains recommended to observe crew lifting boat and check for safe technique	Lifting boats with poor technique	Administer first aid	Ensure adequate Medical Cover present. Marshals available at boathouses with radios to contact medical cover.	Spinal or other injuries	3	B Low				x	Coxswain crews
			Faulty, in	correctly set and poorly	maintained equipmen	ıt .							—	
1	Heel restraints broken or too loose	Boat checks to be conducted by marshals and crews	Ensure that Marshals checking equipment have instructions and a checklist	Rower trapped in capsized boat	Rescue with launch	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Becoming trapped in boat	3	B Low		X	X	X	Crews, coxswain coaches
2	Cox wearing broken or poorly fitted lifejacket	Clubs to maintain lifejackets. Coxes to fit lifejackets correctly. Marshals to check that coxes are wearing lifejacket over outer layer.	Instructions to marshals and competitors. Coxes briefed on importance of lifejackets in preevent briefing.	Lifejacket does not inflate when required	Rescue with launch following each division. Administer first aid.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Water aspiration, drowning	4	B Moderate		x	X	X	Club safe officers, coxswain: crews
3	Cox wearing incorrect lifejacket	Coxes in bow loaded boats are not permitted to wear lifejackets that inflate automatically.	Instructions to competitors. Coxes briefed on importance of lifejackets in pre-event briefing.	Cox trapped in capsized boat	Rescue with launch	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Becoming trapped in boat	3	A Low		X		x	Coxswain crews
	Other poorly maintained parts of rowing boat (e.g. steering cables, rudder, gates, riggers)	Boat checks for these issues to be conducted by crews, with marshals pointing them out if noticed during marshal boat checks (for heel restraints, backstays, floatation compartments and bowball).	Coxes and crews reminded in pre event briefings to check equipment before boating.	Equipment failure. Possible collision or capsize.	Rescue with launch Administer first aid Warm casualty up slowly	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Damaged equipment Mild hypothermia	2	C Low		X		X	Coxswain crews
5	Poorly maintained launch	Launch to be serviced regularly.	All launch users to be vigilant of any abnormal launch behaviour, and report it.	Mechanical failure. Stranded launch.	Self-rescue of launch using paddle. Rescue with another launch.	Launch to carry British Rowing recommended safety equipment, including a knife and paddle. Two launches in operation.	Damage to launch	2	B Low		X		x	All launci passenge
			Pre-exist	ing health conditions a	nd low levels of fitness	5								
1	Strenuous exercise	Rowers should warm up on land and warm down and stretch. Coaches and captains to take into account medical history when selecting crews. Rowers should not compete if they feel unwell or are injured		Over-exertion	Marshal contacts Race Desk, who summons launch to assist and alerts First Aid by radio. Administer first aid	Ensure that Marshals are properly briefed and equipped and that there is medical cover	Hyperventilation, pulled muscles, cramp, back injury	1	D Low	x		X	X	Coxswain crews, coaches captains
2	Pre-existing health conditions	Crew members are responsible for carrying their own medication if required (e.g. inhaler)	Brief competitors, coxes to be reminded of this in pre-event briefing.	Collapse of athlete on landing stages (e.g., asthma attack or serious fall)	Marshal contacts Race Desk, who summons launch to assist and alerts First Aid by radio. Administer first aid	Ensure that Marshals are properly briefed and equipped and that there is medical cover	Serious health implications for competitor	3	B Low	х		х	x	Coxswain crews, coaches captains
3	Pre-existing health conditions	Crew members are responsible for carrying their own medication if required (e.g. inhaler). Athletes with pre-existing conditions are (along with their club) expected to be managing these in line with medical and BR guidance and taking appropriate precautions		Collapse of athlete during a race (e.g., asthma attack)	Marshal contacts Race Desk, who summons launch to assist and alerts First Aid by radio. Marshals to klaxon a race if immediate first aid is needed.	Ensure that Marshals are properly briefed and equipped and that there is medical cover.	Serious health implications for competitor	3	C Moderate	×	X	×		Coxswain crews, coaches captains
				Towpath Use										
1	Bankriders cycling fast to accompany crews	Only one bankrider allowed with each crew unless a second is allowed by Race Committee to train a novice cox. Racedesk to keep a list of crews allowed two bankriders to ensure total number of bankriders stays low. Bankriders must have attended bankrider briefing in past 18	Bankrider briefing must be reattended each 18 months. bankriders must be wearing "bankrider bibs" to aid in recognising 1 per crew, bibs will only be given to people who have been to a briefing in the past 18	Collision involving accompanying cyclists	Marshal contacts Race Desk, who summons launch to assist and alerts First Aid by radio. Administer first aid	Ensure that Marshals are properly briefed and equipped and that there is medical cover	Injury to cyclists and pedestrians	1	D Low	x		X	X	Bankridei

		months. Bankriders to keep a good look out. Bike marshal warns towpath users of imminent race. Bankriders to make sure bikes have working brakes.	months. Event Committee to make intermittent checks on the number of bikes accompanying crews.		Rescue with launch if necessary, administer first aid, warm casualties up slowly	Fully equipped safety launch available during warm up and racing	Someone falls in river, cold water immersion leading to mild hypothermia	2	В	Low	X		x x	Bankriders
	Umpires cycling fast along the	Umpires briefed by college and on the day; umpires to keep a good look out; bike marshal warns		Collision involving accompanying	Marshal contacts Race Desk, who summons launch to assist and alerts First Aid by radio. Administer first aid	Ensure that Marshals are properly briefed and equipped and that there is medical cover	Injury to cyclists and pedestrians	1	D	Low	X		××	Umpires
2	towpath	towpath users of imminent race; umpires to make sure bikes have working brakes		cyclists	Rescue with launch if necessary, administer first aid, warm casualties up slowly	Fully equipped safety launch available during warm up and racing	Someone falls in river, cold water immersion leading to mild hypothermia	2	В	Low	X		× ×	Umpires
3	Bike marshal cycling fast along towpath	Marshal briefed by college and on the day; marshal to keep a good look out and to make sure	Marshal told to cycle slowly, avoid pedestrians, and get off bike to talk to large groups of	Collision involving bike marshal	Bike marshal to wear a helmet. Marshal contacts Race Desk, who summons launch to assist and alerts First Aid by radio. Administer first aid	Ensure that Marshals are properly briefed and equipped and that there is medical cover	Injury to cyclists and pedestrians	1	D	Low	х		х	
	towpatii	bike has working brakes	pedestrians		Rescue with launch if necessary, administer first aid, warm casualties up slowly	Fully equipped safety launch available during warm up and racing	Someone falls in river, cold water immersion leading to mild hypothermia	2	В	Low	х		х	
				Other								 		
1	Tannoy horns fall over	Tripods for tannoy to be set up in a stable manner	Tripods to be set up on level ground where possible or leaning away from towpath if not possible. Tannoy to be chained to solid structures such as buildings, fences, or trees whenever possible to limit movement	Person hit by tannoy	Administer first aid	Marshals to be equipped with 2-way radios to call for first aid if necessary	Injury, concussion	3	A	Low	X		x	
2	Incorrectly placed tannoy cables	Cables to be kept away from towpath	Tannoy cables to be run through/behind vegetation and other objects and kept off the towpath whenever possible. Cables to be covered with mats or ramps in any high-traffic areas	Person trips over tannoy cables	Administer first aid if necessary	Marshals to be equipped with 2-way radios to call for first aid if necessary	, Injury	1	В	Low	х		х	
3	Bunglines on towpath	Bunglines to be kept off towpath at all times	Bunglines to be kept neatly on grass to side of towpath when not in use	Towpath user trips over bungline	Administer first aid if necessary	Marshals to be equipped with 2-way radios to call for first aid if necessary	, Injury	1	В	Low			x x	Polemen
4	Bunglines collision with passing towpath user	Mitigate risk of someone being hit by pole/line	Warn passing towpath users	Towpath user being hit by a pole/bungline when in use	Marshals/poleman should advise passing users. Administer first aid if necessary	Marshals to be equipped with 2-way radios to call for first aid if necessary	, Injury	1	В	Low			x x	Polemen

In the event of the Environment Agency (EA) displaying Amber or Red Boards at the local locks which indicates a Strong Stream, OURCs have developed a range of

Senior Umpire to consider what safety measures are needed using all sources of available information and in discussion with the Race Secretary, Sabbatical Officer and Captain of Coxes. Safety measures may include moving bunglines upstream, restricting coxes, moving to half-divisions, extra launches or a mix of measures. Cancellation may be required. Novice coxes are highly unlikely to be used in most amber flag conditions. Crews may be permitted to withdraw with no financial penalty at the discretion of the Race Secretary. Curry contingency timetables to be used.

Red Flag (5+ bucks) Senior Umpire to consider what safety measures are needed using all sources of available information and in discussion with the Race Secretary, Sabbatical Officer and Captain of Coxes. Safety measures may include moving bunglines upstream, restricting coxes, moving to half-divisions, extra launches or a mix of measures. Cancellation may be required. Red flag is highly likely to lead to half-divisions and S or X/S coxes only. Crews may be permitted to withdraw with no financial penalty at the discretion of the Race Secretary. Curry contingency timetables to be used.

Senior Umpire with the help of the Race Committee, Race Secretary and Sabbatical Officer

		People	Assets
	ı	Slight injury or health effect (Requires little or no treatment; no need to take time off rowing or training)	Minor damage to equipment (<£100)
	2	Minor injury or health effect (Requires First Aid or rest; potentially a few days off rowing or training)	Damage repair costs low (£500)
Severity	3	Moderate injury or health effect (Requires treatment beyond simple First Aid; potentially a week or so off rowing or training)	High damage repair costs (>£1000)
	4	Major injury or health effect (Requires hospital treatment for more than one day; potentially a few weeks off rowing or training)	Very high damage repair costs (loss of boat, 3rd party damage)
	5	Fatality or Life Threatening Injury or Health Effect (could end a rowing career or cause hospitalisation for a few months)	Major damage & major costs (loss of several boats, high 3rd party damage)

Low	An acceptable level of risl
Moderate	An acceptable level of risl
Substantial	An unacceptable level of 1
Intolerable	An unacceptable level of 1

		Probability	
Α	В	С	D
Highly improbable (has not been known to happen in rowing)	Improbable (has been known to happen in rowing)	Possible (could happen to about 1% of the club's active members per decade)	Probable (could happen to about 1% of the club's active members per year)
Low	Low	Low	Low
Low	Low	Low	Moderate
Low	Low	Moderate	Substantial
Low	Moderate	Substantial	Intolerable
Moderate	Substantial	Intolerable	Intolerable

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k that should be reviewed.	
risk.	
risk.	

E
Highly probable
(could happen to about
10% of the club's active
members per year)
Moderate
Substantial
Intolerable
Intolerable
Intolerable