Risk Assessment

	Event OURCs Isis Winter/Spring League					Date	:	03		024, 01/12/24 99/02/25 & 04		/2025,					
	Auth	nor	a	liver Hedges (last edit Oscar Hayder	n)	Rev	:			05/09/20	24						
			that a Hazard causes a us Event			ity of Harm caused by the of a Hazardous Event		-5)	(A-E)	sk			Acti	on Ow	ners		
No:	Hazard	Barriers	Action to maintain barriers	Hazardous Event	Controls	Action to maintain controls	Harm	Severity (1-5)	Probability (A-E)	Level of Risk (LM/S/I)	Race Secretary	Committee Incident	Launch Drivers	Senior Umpire	Marshals	Other	lf other, who?
				Water									-				
1	Boats afloat for racing	Coaches and crews must have read the Safety Briefing and circulation plan before going afloat for warm-up or racing. Marshals to check all boats for adequate buoyancy measures, e.g. properly fitted hatch covers, before boating.	Prepare and provide Safety Briefing and inform coaches and crews that they must read it. Marshals briefed on boat checks. Crews or athletes/coxswains may be removed from racing if they are deemed to be unsafe.	Capsize or sinking during a race	Rescue with launch. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Cold water immersion leading to mild hypothermia, possible gastrointestinal illness due to poor water quality	2	с	Low	x	x	x		x	x	Coaches, coxswains/ steerspeople, crews
		Crews to be aware of and follow circulation plan. Marshals to direct	Prepare and provide Safety Briefing and inform coaches and crews that they must read it. Event Committee/Race		Boats fitted with backstays on forward-most port and starboard riggers (except single sculls) and securely attached bow balls. Recover damaged boat with launch if necessary. Administer First Aid.	Marshals to perform boat checks on all boats before boating, having been briefed beforehand. A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment	2	С	Low	x	x	x		x	x	Crews, coxswains, coaches
2	Boats afloat for racing	circulation pair rating, creve sized off in approximate speed order and with sufficient gaps between them so boats should not be near each other. Race klaxoned if racing line unavoidably blocked and/or collision is imminent.	Secretary/marshals to remain vigilant for incorrect circulation and communicate to crews circulating incorrectly. Crews or athletes/coxswains may be removed from racing if they are deemed to be unsafe. Marshals briefed on circulation pattern and when to klaxon.	Collision with bank or another boat	Boats fitted with backstays on forward-most port and starboard riggers (except single sculls) and securely attached bow balls. Rescue injured athlete with launch if necessary. Administer First Aid.	Marshals to perform boat checks on all boats before boating, having been briefed beforehand. A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	Injury to athletes	2	с	Low	x	x	x		x	x	Crews, coxswains, coaches
			WHEN ID NEXUL		Rescue with launch. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	Athlete knocked into the water. Cold water immersion leading to mild hypothermia, possible gastrointestinal illness due to poor water quality	2	с	Low	x	x	x		x	x	Crews, coxswains, coaches
3	Boats afloat for racing with people in the water	No individuals to voluntarily enter the water during the event. Crews expected to be competent enough to avoid being ejected from their boat.	Marshals to report people in the water during river checks. SU shall not start racing if people are in the water. Crews or athletes/coswains may be removed from racing if they are deemed to be unsafe.	Collision between boat and person in water	Boats fitted with backstays on forward-most port and starboard riggers (except single sculls) and securely attached bow balls. Rescue with launch. Administer First Aid. Warm casualty up slowly.	Marshals to perform boat checks on all boats before boating, having been briefed beforehand. A fully equipped safety launch ir attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Injury, unconsciousness, water aspiration, drowning, possible gastrointestinal illness due to poor water quality	4	в	Moderate	x	x	x	x	x	x	Crews, coxswains, coaches, other river users
4	Athletes who are unable to swim being present in racing crews	All Oxford-college crews must have passed an OURCs swim test. All non-Oxford-college crews must enter a declaration of swimming ability or proof of passing an OURCs-standard swim test.	Entries system prevents Oxford- college crews with non-swim- tested athletes being entered for racing, Marshals may spot check racing crews to ensure athletes are swim tested.	Athletes who are unable to swim falling into deep water	Rescue with launch following each division. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use. Ensure lifebuoys are present in their housing along towpath.	Water aspiration, drowning	4	A	Low	x		×			x	Club secretaries & captains
5	Poor rowing technique	Athletes expected to be sufficiently competent.	Athletes may be removed from racing if they are deemed to be dangerous.	Ejector crab	Marshals to klaxon race immediately if ejector crab occurs. Rescue with launch. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	Cold water immersion leading to mild hypothermia, possible gastrointestinal illness due to poor water quality	2	в	Low	x	x	x			x	Crews

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6	Debris in river	Move any small object in the river that can cause an obstruction, using the launches if necessary. Protect crews from larger, immovable objects or suspend racing while they are moved.	Inspect course before start of racing. Race officials, especially marshals, to remain vigilant for new objects entering the course.	Collision with objects, capsize	Recover damaged boat with launch if necessary. Rescue with launch if necessary. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment, cold water immersion leading to mild hypothermia, possible gastrointestinal illness due to poor water quality	2	в	Low	x	x		x		x	
7	Launches afloat	All launch drivers operating during the hours of racing are to be RYA2 trained.	Record of trained drivers kept, and licenses checked. Refresher training available if required.	Capsize of launch	Second launch available to assist. Rescue with launch. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Cold water immersion leading to mild hypothermia, possible gastrointestinal illness due to poor water quality	2	в	Low		x		x			
8	Laurahaa offaat	All launch drivers operating during	Refresher training available if	Collision intohing laungh	Second launch available to assist and tow damaged launch.	Ensure that there are two launches. Ensure that both are equipped with suitable tow lines.	Damage to launch	2	с	Low		x	x	x			
8	Launches afloat	the hours of racing are to be RYA2 trained.	required.	Collision involving launch	Second launch available to assist. Rescue with launch. Administer First Aid.	Ensure that there are two launches. Ensure that there is sufficient safety cover. Check equipment prior to use.	Injury to launch crew	2	в	Low		x	x	x			
9	Launches afloat	All drivers or passengers to be seated or holding on to something.	Passengers to be instructed on how to stay safe whilst on a launch.	Falling out of launch	Lifejackets worn by everyone; kill cord worn by the driver at all times. Rescue with launch. Administer First Aid. Warm casualty up slowly.	A reminder of life jackets and kill cords to be given to all launch drivers. If possible, have two people on all launch so aid the other. A folly equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.		2	с	Low		x		x		x	All launch passengers
10	Launches afloat	Kill cord worn by the driver at all times.	A reminder of kill cords given to all launch drivers.	Uncontrolled driverless launch	Kill cord worn by the driver at all times. Second launch available to recover and tow first launch.	A second launch is available at all times.	Uncontrolled launch collides with boats/obstacles.	3	в	Low	х		х	х			
11	Spare launch afloat outside of racing hours	Spare launch drivers operating outside the hours of racing to have been instructed in required competencies for the role.	Refresher training available if required.	Capsize of launch or collision involving launch	Second launch available to assist. Rescue with launch. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to launch, cold water immersion leading to mild hypothermia, possible gastrointestinal illness due to poor water quality	2	с	Low		x		x			
12	Debris in river	Launch crews to clear river of debris as appropriate.	Marshals and all launch users to be vigilant for debris in river.	Failure of engine due to fouling of propeller, stranded launch	Self-rescue of launch using paddle. Rescue with another launch. Remove debris from propeller.	Launch to carry British Rowing recommended safety equipment, including a knife and paddle. At least two launches in operation.	Damage to launch	2	в	Low				x		x	All launch passengers
13	Gastrointestinal illness (caused through poor water quality in Isis (Thames))	Cover any cuts/abrasions as far as possible beforehand. Clean hands with soap and water or use anti- bacterial gel ASAP. Clean any cuts/abrasions using soap and water. After removed from water (even after rowing), handle clothes with care and rinse in mains water at boathouse. Use detergent to wash clothes thoroughly threafter. Wash equipment, especially handles oars, with soap and water after use.	Crews reminded in Safety Briefing to be aware of actions to prevent gastrointestinal illness. Coaches and coxswains to remind crews to wash equipment and, in particular, hands after racing.	Any contact with river water from rowing activity, a capsize, or fall into river	Refer to information sites such as River health Performance About us Thames Water (https://www.thameswater.co.uk/a bout-us/performance/river-health)	Check prior to event.	Possible high temperature, upset stomach resulting in vomiting and/or diarrhoea.	2	E	Low	x	x				x	Anyone who cornes into contact with the river water, coaches, coxswains
	1		r	Weather	r		1										T
1	Possibility of electrical storm	All crews to leave the water as quickly as possible, instructions from Race Secretary or Senior Umpire using radios carried by launch drivers and marshals.	Ensure that marshals, coaches and crews are adequately briefed. Ensure that forecasts and weather are monitored throughout the event.	Rower or official struck by lightning	Provisions for First Aid, medical treatment and casualty evacuation to hospital; AEDs mounted on downstream side of Pembroke BH, upstream side of Balliol BH, front of University BH, downstream side of Uniphidges BH, downstream side of Falcon BH and downstream side of the Riverside Centre.	Ensure that first aiders, etc., are competent and properly equipped.	Electrical burns, shock	3	в	Low	x				x		

		Modified flag system to be followed		Crews swept into obstacles	Recover damaged boat with launch if necessary. Rescue with launch. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment, injury to athletes, cold water immersion leading to mild hypothermia, possible gastrointestinal illness due to poor water quality	2	с	Low	x	x	x	x		x	Coaches, coxswains/ steerspeople, crews
2	Bad weather causing un- rowable and/or dangerous conditions	(see below). Cancellation or restrictions to be implemented if appropriate.	Weather and stream to be monitored in consultation with EA.	Boats capsizing or swamping	Marshals to check all boats for adequate buoyancy measures, e.g. properly fitted hatch covers, before boating. Rescue with launch. Administer First Aid. Warm casualty up slowly.	Marshals briefed on boat checks. A fully equipped safety launch in attendance at all times Ensure that here is sufficient safety cover. Check equipment prior to use.	Cold water immersion leading to mild hypothermia, possible gastrointestinal illness due to poor water quality	3	в	Low	x		x	x			
3	Low visibility	Use adequate lighting on boats. If visibility is reduced to less than 100m on any part of the racing course, then racing is suspended or cancelled.	Organisers to monitor conditions. Crews to be warned before the race if low visibility is likely to occur.	Crews crashing into obstacles, other boats or other river users	Boats fitted with backstays on forward-most port and starboard riggers (except single sculls) and securely attached bow balls. Recover damaged boat with launch i freessary. Rescue with launch. Administer First Aid. Warm casualty up slowly.	Marshals to perform boat checks on all boats before boating, having been briefed beforehand. A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment, injury to athletes, cold water immersion leading to mild hypothermia, possible gastrointestinal illness due to poor water quality	3	В	Low	x	x	x	x		x	Coaches, coxswains/ steerspeople, crews
4	Extreme* heat (* indicates subjective conditions, as decided by the SU team)	Athletes and officials to wear sun cream and stay hydrated.	Emails to be sent to competitors before the event if forecasts suggest likelihood of hot weather. Senior Umpire to monitor conditions with the help of Event Committee and marshals.	People unprotected from sun	Administer First Aid. Keep casualties cool and hydrated.	Water available at boathouses, all marshals have radios to summon First Aid if needed.	Heatstroke, Heat exhaustion, sunburn	3	в	Low	x	x			x	x	Crews, Coxswains
5	Extreme* cold (* indicates	Athletes to wear sufficient layers during warm-up and racing. Delays, cancellation, or restrictions on racing to be implemented if appropriate.	Emails to be sent to competitors before the event if forecasts suggest likelihood of cold weather. Senior Umpire to monitor conditions with the help of Event Committee and marshals.	Athletes becoming too cold on the water	Rescue with launch if needed. Administer First Aid. Warm casualties up slowly.	A fully equipped safety launch in attendance at all times Ensure there is sufficient safety cover. Check equipment prior to use. Hor water for drinks available at Race Desk.	Mild hypothermia, injury due to cold muscles before racing	2	в	Low	×	x		x	x	x	Crews, Coxswains
5	subjective conditions, as decided by the SU team)	Officials to wear sufficient layers during shifts. Delays, cancellation, or restrictions on racing to be implemented if appropriate.	Emails to be sent to competitors before the event if forecasts suggest likelihood of cold weather. Senior Umpire to monitor conditions with the help of Event Committee.	Officials becoming too cold	Provide adequate First Aid cover. Regularly check officials are ok. Ensure potentially hypothermic officials are able to return to a warm area if needed.	Welfare team to be set up by Event Committee to distribute hot drinks and monitor officials' wellbeing if necessary. Ensure someone is available to replace marshals who need to warm up.	Mild/moderate hypothermia, slowed response time to incidents due to cold	3	С	Moderate	x	x		x	x	x	Umpires
6	Icy conditions	Safety launches used to clear smail quantities of ice from the racing course. Racing cancelled if launches cannot sufficiently clear the race course of ice.	Senior Umpire to monitor conditions with the help of Event Committee and marshals.	Boats collide with ice	Recover damaged boat with launch if necessary.	A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment	3	в	Low	x	x	x		x		
7	Significant ice on towpath	No bank riding: crews requiring bank riders not allowed to race.	Senior Umpire and Race Secretary monitor conditions and make decision.	Slipping on ice, cyclist collides with bystander, cyclist or fixed object.	Event-related cyclists (if permitted) must wear helmets. Administer First Aid.	Ensure that there is sufficient safety cover.	Injury from slipping or collision	2	в	Low	x				x	x	Bank riders

				Other water users													
		Signs visible to river traffic displayed at the entry points onto the course. Senior Umpire to check river is clear using marshals and	Pre-event contact made with other niver users alerting them to the event (see event plan). Install signs displayed at the entry points onto the course. Brief marshals to make sure crews stick to the sides of the		Boats fitted with backstays on forward-most port and starboard riggers (except single sculls) and securely attached bow balls. Recover damaged boat with launch if necessary. Administer First Aid.	Marshals to perform boat checks on all boats before boating, having been briefed beforehand. A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment	2	в	Low	x	x		x	x	x	Coxswains, other river users
1	Other river traffic	ensure other river users on the racing course are static before starting racing. Marshals to make sure crews stick to the sides of the river, as shown by the circulation pattern, leaving the centre free. Ensure crews do not spin in front of cruisers. Moor cruisers when a race is about to go off. Coxswains to observe the circulation pattern and not to spin in front of cruisers.	river users entering the course. Create holding points to moor cruisers up at when a race is about to go off. Brief coxes to observe	Collison between a crew and another river user	Boats fitted with backstays on forward-most port and starboard riggers (except single sculls) and securely attached bow balls. Rescue injured athlete with launch if necessary. Administer First Aid.	attendance at all times Ensure that there is sufficient safety cover.	Injury to athletes or other river users/members of the public	2	в	Low	x	x		x	x	x	Coxswains, other river users
		Racing to be stopped by marshals if river traffic seems likely to cause a hazard to racing crews.	the circulation pattern and not to spin in front of cruisers. Brief coxswains and crews to be aware of smail craft such as paddleboarders and/or swimmers.		Rescue with launch. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	Athlete or other river user/member of the public knocked into the water, onco water immersion leading to mild hypothermia, possible gastrointestinal illness due to poor water quality.	2	в	Low	x	x		x	x	x	Coxswains, other river users
				Handling boats on land		•											
					Administer First Aid.	Ensure adequate medical cover present. Marshals available at boathouses with radios to contact medical cover.	Injury to bystanders	2	с	Low						x	Coxswains, crews, captains
1	Boats being moved on land	Crews and coxewains to remain aware of spectators on land whilst moving boats.	Clubs aware of responsibilities for any supporters and spectators.	Collision between boats or blades and spectator	If necessary, marshal contacts Race Desk, which summons launch to assist and alerts first aiders by radio. Administer First Aid. Warm casualty up slowly.	Ensure adequate medical cover present. Marshals available at boathouses with radios to contact medical cover. A fully equipped safety launch in attendance at all times Check equipment prior to use.	Person knocked into river, cold water immersion leading to mild hypothermia, possible gastrointestinal illness due to poor water quality.	2	в	Low						x	Coxswains, crews, captains
2	Boats being moved on land	Crews recommended to lift with a straight back and use good technique. Coxswains to monitor safe technique.	Coxswains recommended to observe crew lifting boat and check for safe technique.	Lifting boats with poor technique	Administer First Aid.	Ensure adequate medical cover present. Marshals available at boathouses with radios to contact medical cover.	Spinal or other injuries	3	в	Low						х	Coxswains, crews
			Faulty, in	correctly set and poorly mainta	ined equipment	•											
1	Heel restraints broken or too loose.	Boat checks to be conducted by marshals and crews.	Ensure that marshals checking equipment have instructions and a checklist.	Rower trapped in capsized boat	Rescue with launch.	A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	Water aspiration, drowning	3	в	Low			x		x	х	Coaches, coxswains, crews
2	Bow ball not present or too loose	Boat checks to be conducted by marshals and crews. Afloat crews to be monitored by marshals and launch drivers.	Ensure that marshals checking equipment have instructions and a checklist.	Collision between unprotected bow and other competitor, or property	Administer First Aid. Rescue with launch if necessary.	A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	Blunt-force injury, penatrative injury, damage to property	3	в	Low			x		x	х	Coaches, coxswains, crews
3	Coxswain wearing broken or poorly fitted lifejacket	Clubs to maintain lifejackets. Coxswains to fit lifejackets correctly. Marshals to check that coxes are wearing lifejacket over outer layer.	Safety Briefing to competitors, instructions to marshals	Lifejacket does not inflate when required, lifejacket detaches from cox on inflation or fails to keep their head above water.	Rescue with launch. Administer First Aid.	A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	Water aspiration, drowning	4	в	Moderate			x		х	x	Club safety officers, coxswains, crews
4	Coxswain wearing incorrect lifejacket	Coxswains in bow-loaded boats are not permitted to wear lifejackets that inflate automatically.	Safety Briefing to competitors, instructions to marshals	Coxswain trapped in capsized boat	Rescue with launch.	A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	Water aspiration, drowning	4	в	Moderate			x		х	x	Coxswains, crews

5	Poorly maintained pontoon floats	Boat checks to be conducted by marshals and crews.	Ensure that marshals checking equipment have instructions and a checklist.	Equipment failure, possible capsize	Rescue with launch. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment, cold water immersion leading to mild hypothermia, possible gastrointestinal iilness due to poor water quality	2	С	Low		x		x	x	Coxswains, crews
6	Other poorly maintained parts of rowing boat (e.g. steering cables, rudder, gates, riggers)	Boat checks for these issues to be conducted by crews, with marshals pointing them out if noticed during marshal boat checks (for heel restraints, backstays, floatation compartments and bow ball).	Coxswains and crews reminded in Safety Briefing to check equipment before boating. Ensure that marshals checking equipment have instructions and a checklist.	Equipment failure, possible collision or capsize	Rescue with launch. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment, cold water immersion leading to mild hypothermia, possible gastrointestinal illness due to poor water quality	2	С	Low		x			x	Coxswains, crews
7	Poorly maintained launch	Launches to be serviced regularly.	All launch users to be vigilant of any abnormal launch behaviour and report it.	Mechanical failure, stranded launch	Self-rescue of launch using paddle. Rescue with another launch. Racing to be suspended until minimum number of operational launches achieved (2).	Launch to carry British Rowing recommended safety equipment, including a knife and paddle. At least two launches in operation.	Damage to launch	2	в	Low		x			x	All launch passengers
			Pre-exist	ing health conditions and low le	evels of fitness											
1	Strenuous exercise	Rowers should warm up on land, and warm down and stretch. Coaches and captains to take into account medical history when selecting crews. Rowers should not compete if they feel unwell or are injured.		Over-exertion	Marshal contacts Race Desk, which summons a launch to assist and alerts first aiders by radio. Administer First Aid.	Ensure that marshals are properly briefed and equipped and that there is medical cover. A fully equipped safety launch in attendance at all times	Hyperventilation, pulled muscles, cramp, back injury	1	D	Low	x			x	x	Captains, coaches, coxswains, crews
		Crew members are responsible for carrying their own medication if required (e.g. inhaler). Athletes with pre-existing conditions are	Prepare and provide Safety Briefing for competitors and inform them that they must read it.	Collapse of athlete on landing stages (e.g. asthma attack or serious fail)	Marshal contacts Race Desk, which summons a launch to assist and alerts first aiders by radio. Administer First Aid.	Ensure that marshals are properly briefed and equipped and that there is medical cover. A fully equipped safety launch in attendance at all times	Serious health implications for competitor	3	в	Low	x			x	x	Captains, coaches, coxswains, crews
2	Pre-existing health conditions	(along with their club) expected to be managing these in line with medical and BR guidance and taking appropriate precautions.	Remind competitors to carry medication if required (eg. inhalers or epi pens).	Collapse of athlete on the water (e.g. asthma attack)	Marshal contacts Race Desk, which summons a launch to assist and alerts first aiders by radio. Administer First Aid. Marshals to klaxon a race if immediate First Aid is needed.	Ensure that marshals are properly briefed and equipped and that there is medical cover. A fully equipped safety launch in attendance at all times	Serious health implications for competitor	3	С	Moderate	x			x	x	Captains, coaches, coxswains, crews
	(*Physics			oats containing athletes who ha			ve limba)									
	("Physica	to include visual or hearing	impairments, or athletes w	ith loss of part or all of one or more li	mbs, or neuro/muscular dy	stunction of part or all of one or mo	ore limbs.)	r				<u> </u>	- I		<u> </u>	
1	Adaptive rowing athletes on land	Adaptive athletes to boat from their home club, which is responsible for its own Risk Assessment and accessibility provisions for club areas and water access.		Injury of athlete due to poor accessibility (e.g. a trip of a visually-impaired athlete on poorly marked obstacles)	Marshal contacts Race Desk, which summons a launch to assist and alerts first aiders by radio. Administer First Aid.	Ensure that marshals are properly briefed and equipped and that there is medical cover.	Serious health implications for competitor	3	в	Low				x	X	Safety Officer of adaptive rowing athletes' home club
2	Sliding-seat boats containing adaptive rowing athletes afloat for racing	If guidance is needed to steer, this will be provided by a following launch.	Competing clubs are asked to identify visually-impaired crews in need of steering guidance to the Race Secretary during Entries to allow them to be placed at the end of divisions.	Visually-impaired athlete colliding with obstacles, other boats or other river users	Rescue with launch. (Safety teams aware that visually- impaired athletes may become disorientated in the event of a capsize.) Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times Safety teams made aware of boats that contain visually-impaired rowers and their seat position. Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment, injury to athletes, cold water immersion leading to mild hypothermia, possible gastrointestinal illness due to poor water quality	3	в	Low	x	x			Х	Coaches, athletes and captains of competing clubs, safety teams
3	Silding-seat boats containing adaptive rowing athletes afloat for racing	Marshals will be made aware of which boats contain hearing- impaired athletes and provided with advice for giving instructions to hearing-impaired crews.	Competing clubs are asked to identify hearing-impaired athletes to the Race Secretary during Entries.	Hearing-impaired athlete colliding with other boats or other river users	Rescue with launch. (Safety teams provided with advice for giving instructions to hearing- impaired crews.) Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times Safety teams made aware of boats that contain hearing-impaired rowers and their seat position. Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment, injury to athletes, cold water immersion leading to mild hypothermia, possible gastrointestinal illness due to poor water quality	3	в	Low	x	x		х	х	Coaches, athletes and captains of competing clubs, safety teams
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4	Sliding-seat boats containing adaptive rowing athletes afloat for racing	All rowers with a learning disability will be accompanied by a coach who has experience working with them. Marshals will be made aware of which boats contain athletes with learning disabilities, and provided with advice for giving instructions to rowers with learning difficulties.	Competing clubs are asked to identify athletes with learning disabilities to the Race Secretary during Entries and to advise on hazardous situations involving them.	Athlete with a learning disability colliding with other boats or other river users, capsizing or failing out of the boat	Rescue with launch. (Safety teams aware that athletes with learning disabilities may have an unpredictable response in the event of a capsize.) Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times Safety teams made aware of boats that contain visually impaired rowers and their seat position. Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment, injury to athletes, cold water immersion leading to mild hypothermia	3	в	Low	x		x		x	x	Coaches, athletes and captains of competing clubs, safety teams
5	Sliding-seat boats containing adaptive rowing athletes afloat for racing	All athletes with a significant physical disability which may hinder their activities or prevent self- rescue will be accompanied by a coach who has experience working with them. Marshals and the Senior Umpire will be made aware of which boats contain athletes with physical disabilities and provided with advice on how to deal with issues including capsize or athlete overboard.	Competing clubs are asked to identify athletes with physical disabilities to the Race Secretary during Entries and to advise on management of hazardous situations involving them.	Athlete with a physical disability colliding with other boats or other river users, capsizing or falling out of the boat.	Rescue with launch. (Safety teams aware that athletes with physical disabilities may need special types of help if capsized or otherwise in an emergency situation. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times Safety teams made aware of boats that contain physically disabled rowers and their seat position, along with their Individual Rescue Plan. Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment, injury to athletes, cold water immersion leading to mild hypothermia, possible gastrointestinal illness due to poor water quality	3	в	Low	x		x		x	x	Coaches, athletes and captains of competing clubs, safety teams
6	Adaptive rowing athletes who are unable to swim being present in racing crews	Clubs entering adaptive rowing athletes to confirm they have completed capsize drill training online and in the water, and that they meet BR swimming requirements. Athletes who do not meet both/either to race in crew boats or with floats below the riggers of their boats.	Competing clubs are asked to identify adaptive rowers who have not both completed capsize drill training and met BR swimming requirements to the Race Secretary during Entries and to advise on management of hazardous situations involving them.	Adaptive rowing athletes who are unable to swim falling into deep water	Adaptive rowers who have not both completed capsize drill training and met BR swimming requirements to wear a buoyancy aid. Rescue with launch. (Safety teams aware that adaptive rowing athletes may need particular types of help if capsized or otherwise in an emergency situation. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times Safety teams made aware of boats that contain adaptive rowers and their seat position, along with their Individual Rescue Plan where appropriate. Ensure that there is sufficient safety cover. Check equipment prior to use.	Water aspiration, drowning	4	A	Low	x		x			x	Coaches, athletes and captains of competing clubs, safety teams
				Contagious diseases									L I	1	1		
1	Contagious diseases	Following National Health Service advice and government advisories	Sabbatical Officer to remain aware of national health emergency news.	Participants needing to be hospitalised	Follow national health advice at the time.	Follow national health advice at the time.	Potentially serious health issues	2	A	Low	x	x x	x	х	х	х	Members of competing clubs
	.			Towpath use						. <u></u>		<u> </u>					
		Only one bank rider allowed with each crew unless a second is allowed by Event Committee to train a Novice coxswain. Race Desk to keen a list of crews	Event Committee to make		Bank rider stops to provide assistance and/or information as required. Marshal contacts Race Desk, which summons launch to assist and alerts first aiders by radio. Administer First Aid.	Ensure that marshals are properly briefed and equipped and that there is medical cover. A fully equipped safety launch in attendance at all times	Injury to cyclists and pedestrians	1	D	Low	x				x	x	Bank riders
1	Bank riders cycling fast to accompany crews	allowed two bank riders to ensure total number of bank riders stays low. Bank riders to keep a good look out. Marshals warn towpath users of imminent race. Bank riders to make sure bikes have working brakes.	intermittent checks on the number of bikes accompanying crews, and checks on bankriders using all available hands.	Collision involving accompanying cyclists	Bank rider stops to provide assistance and/or information as required. Incressary, marshal contacts Race Desk, which summons launch to assist and alerts first aiders by radio. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	Someone falls in river, cold water immersion leading to mild hypothermia, possible gastrointestinal illness due to poor water quality.	2	в	Low	x				x	x	Bank riders
	Bike marshal cycling fast along towpath	Marshal to keep a good look out and to make sure bike has working brakes.	Marshal briefed beforehand. Marshal told to cycle slowly, avoid pedestrians, and get off bike to talk to large groups of pedestrians.	Collision involving bike marshal - casualty remains on towpath	Bike marshal to wear a helmet. Bike marshal stops to provide assistance and/or information as required. Marshal contacts Race Desk, which summons launch to assist and alerts first aiders by radio. Administer First Aid.	Ensure that marshals are properly briefed and equipped and that there is medical cover. A fully equipped safety launch in attendance at all times	Injury to cyclists and pedestrians	1	D	Low	x				×		

2	Bike marshal cycling fast along towpath	Marshal to keep a good look out and to make sure bike has working brakes.	Marshal briefed beforehand. Marshal told to cycle slowly, avoid pedestrians, and get off bike to talk to large groups of pedestrians.	Collision involving bike marshal - casualty falls into river	Bike marshal stops to provide assistance and/or information as required. If necessary, marshal contacts Race Desk, which summors launch oassist and alerts first aiders by radio. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times Ensure that there is sufficient safety cover. Check equipment prior to use.	immersion leading to mild	2	в	Low	x			x		
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	A) displaying Amber or Red Boards at the local locks which indicates a Strong Stream, nge of contingency plans to allow the Regattas to continue in some form.
Included is the 'Flag' state relating to the number of	bucks drawn at Iffley Weir (in brackets), which dictates what rowing takes place during training.
the OURCs Senior Member and University S	e Weir, resulting in an abnormally conservative flag for a given level of stream, Sports Safety Officer may set the Flag after consultation with the EA and Senior Umpire. s Flag when considering what controls should be put in place.
Controls in place to reduce risks	Persons responsible for ensuring controls in place
Blue Flag (2-3 bucks) Good conditions (high water, but low stream and wind): full programme Poor conditions (high stream or winds): Senior Umpire to consider whether coxing restrictions, coxless-boat restrictions or small-boat restrictions are required, with the aid of the OURCs Captain of Coxes for coxed crews. The course may be shortened on the SU's advice. Crews may be permitted to withdraw with no financial penalty at the discretion of the Race Secretary.	
Amber Flag (4 bucks) No Novice status coxswains. SU to consult with the OURCs Captain of Coxes regarding any further coxing restrictions. SU may restrict small-boat or coxless boat racing depending on the precise conditions. SU may cancel racing for less experienced crews. The course will be shortened on the SU's advice and consideration given to forbidding any above-Gut crew to enter the Gut. Crews may be permitted to withdraw with no financial penalty at the discretion of the Race Secretary. The race may be completely cancelled at the SU's discretion.	Senior Umpire with the help of the Event Committee, Race Secretary, OURCs Captains of Coxes & Sabbatical Officer
Red Flag (5+ bucks) No Racing – event is cancelled.	