

Risk Assessment

Event	Torpid Rowing On	Date:	23/02/2024 or 25/02/2024
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No:	Hazard	Reduce the probability that a Hazard causes a Hazardous Event		Hazardous Event	Reduce the Severity of Harm caused by the occurrence of a Hazardous Event		Harm	Severity (1-5)	Probability (A-E)	Level of Risk (L/M/S/I)	Action Owners												
		Barriers	Action to maintain barriers		Controls	Action to maintain controls					Race Secretary	Event Committee	Incident Co-Ord.	Launch Drivers	Senior Umpire	Marshals	Other	if other, who?					
Water																							
1	Boats afloat for racing	Coaches and crews must have read the Safety Briefing and circulation plan before going afloat for practice or racing. Marshals to check all boats for adequate buoyancy measures, e.g. properly fitted hatch covers, before boating.	Prepare and provide Safety Briefing and inform coaches and crews that they must read it. Coxswains to attend pre-event safety briefing. Marshals briefed on boat checks. Crews or athletes/coxswains may be removed from racing if they are deemed to be unsafe.	Capsize or sinking	Marshals to immediately fire klaxons if race is in progress. Rescue with launch. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Cold water immersion leading to mild hypothermia	2	C	Low	X	X		X		X	X	Crews, coxswains, coaches					
2	Boats afloat for racing	Crews to be aware of and follow circulation plan. Marshals to direct crews. During racing, crews set off in approximate speed order and with sufficient gaps between them so boats should not be near each other. Race klaxon if racing line unavoidably blocked and/or collision is imminent.	Prepare and provide Safety Briefing and inform coaches and crews that they must read it. Coxswains to attend pre-event safety briefing. Coxswains must be registered with OUCS. Event Committee/Race Secretary/marshals to remain vigilant for incorrect circulation and communicate to crews circulating incorrectly. Crews or athletes/coxswains may be removed from racing if they are deemed to be unsafe. Marshals briefed on circulation pattern and when to klaxon.	Collision with bank or another boat	Marshals to check all boats for bowballs and backstays, which minimise severity of damage in a collision. Rescue damaged boat with launch if necessary. Administer First Aid.	Marshals briefed on boat checks. A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment	2	C	Low	X	X		X		X	X	Crews, coxswains, coaches					
					Marshals to check all boats for bowballs and backstays, which minimise severity of injury in a collision. Rescue injured athlete with launch if necessary. Administer First Aid.	Marshals briefed on boat checks. A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Injury to athletes	2	C	Low	X	X		X		X	X	Crews, coxswains, coaches					
					Rescue with launch. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Athlete knocked into the water. Cold water immersion leading to mild hypothermia	2	C	Low	X	X		X		X	X	Crews, coxswains, coaches					
3	Boats afloat for racing with people in the water	No individuals to voluntarily enter the water during the event. Crews expected to be competent enough to avoid being ejected from their boat.	Marshals to report people in the water during river checks. SU shall not start racing if people are in the water. Crews or athletes/coxswains may be removed from racing if they are deemed to be unsafe. Marshals to immediately fire klaxons if anyone ends up in the water during racing.	Collision between boat and person in water	Rescue with launch. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Injury, unconsciousness, water aspiration, drowning	4	B	Moderate	X	X		X	X	X	X	Crews, coxswains, coaches, other river users					
4	Athletes who are unable to swim being present in racing crews	All crews must have passed an OURCs swim test.	Entries system prevents crews with non-swim-tested athletes being entered for racing.	Athletes who are unable to swim falling into deep water	Rescue with launch following each division. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Water aspiration, drowning	4	A	Low	X		X			X		Club secretaries & captains					
5	Poor rowing technique	Athletes expected to be sufficiently competent.	Athletes may be removed from racing if they are deemed to be dangerous.	Ejector crab	Marshals to klaxon race immediately if someone enters the water. Rescue with launch. Administer First Aid. Warm up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Cold water immersion leading to mild hypothermia	2	B	Low	X	X		X		X		Crews					

6	Debris in the river	Move any small object in the river that can cause an obstruction, using the launches if necessary. Protect crews from larger, immovable objects or suspend racing while they are moved.	Inspect course before start of racing. Race officials, especially marshals, to remain vigilant for new objects entering the course.	Collision with objects, capsizing	Rescue with launch if necessary. Use launch to escort damaged boats to closest landing stage.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment, cold water immersion leading to mild hypothermia	2	B	Low	X	X	X	X				
7	Launches afloat	All launch drivers operating during the hours of racing are to be RYA2 trained.	Refresher training available if required.	Capsizing of launch	All people on board launches must wear lifejackets. Second launch available to assist. Rescue with launch. Administer First Aid. Warm casualty up slowly.		Cold water immersion leading to mild hypothermia	2	B	Low	X	X						
8	Launches afloat	All launch drivers operating during the hours of racing are to be RYA2 trained.	Refresher training available if required.	Collision involving launch	Second launch available to assist and tow damaged launch.		Damage to launch	2	C	Low	X	X						
					Second launch available to assist. Rescue with launch. Administer First Aid.		Injury to launch crew	2	B	Low	X	X						
9	Launches afloat	All drivers or passengers to be seated or holding on to something.	Passengers to be instructed on how to stay safe whilst on a launch.	Falling out of launch	Lifejackets worn by everyone; kill cord worn by the driver at all times. Rescue with launch. Administer First Aid. Warm casualty up slowly.	A reminder of lifejackets and killcords to be given to all launch drivers. A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Cold water immersion leading to mild hypothermia	2	C	Low	X	X			X			All launch passengers
10	Launches afloat	Kill cord worn by the driver at all times.	A reminder of kill cords given to all launch drivers.	Uncontrolled driverless launch	Second launch available to recover and tow first launch.	A second launch is available at all times.	Uncontrolled launch collides with boats/obstacles.	3	B	Low	X	X						
11	Spare launch afloat outside of racing hours	All spare launch drivers operating outside the hours of racing to have been instructed in required competencies for the role.	Refresher training available if required.	Capsizing of launch or collision involving launch	All people on board launches must wear lifejackets. Second launch available to assist. Rescue with launch. Administer First Aid. Warm casualty up slowly.		Cold water immersion leading to mild hypothermia, damage to launch	2	C	Low	X	X						
12	Debris in river	Launch crews to clear river of debris as appropriate.	Marshals and all launch users to be vigilant for debris in river.	Failure of engine due to fouling of propeller, stranded launch	Rescue of launch using paddle. Rescue with another launch. Remove debris from propeller.	Launch to carry British Rowing recommended safety equipment, including a knife and paddle. Two launches in operation.	Damage to launch	2	B	Low			X		X			All launch passengers
Weather																		
1	Possibility of electrical storm	All crews to leave the water immediately, instructions from Race Secretary or Senior Umpire using radios carried by launch drivers and marshals.	"30-30 Rule" to be used as advised by British Rowing. Senior Umpire issues instructions to everyone at river by radios. Coxswains briefed on what to do in the event of an electrical storm at pre-event briefing.	Rower or official struck by lightning.	Provisions for First Aid, medical treatment and casualty evacuation to hospital; AEDs mounted on downstream side of Pembroke BH, upstream side of Balliol BH, front of University BH, downstream side of Longbridges BH, downstream side of Falcon BH and downstream side of the Riverside Centre.	Medical personnel to be competent and properly equipped.	Electrical burns, shock	3	B	Low	X			X				
2	Bad weather causing un-rowable and/or dangerous conditions	Modified flag system to be followed (see below). Cancellation or restrictions to be implemented if appropriate.	Senior Umpire to assess weather and conditions in consultation with EA and other advisors to decide if race is safe to occur.	Crews swept into obstacles.	Boats equipped with bowballs and backstays. A fully equipped safety launch in attendance at all times. Rescue with launch. Administer First Aid. Warm casualty up slowly.	Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment, injury to athletes, cold water immersion leading to mild hypothermia	3	C	Moderate	X	X	X	X	X			Coxswains, crews, coaches
				Boats capsizing or swamping	Boats to have floatation compartments. Rescue with launch. Administer First Aid. Warm casualty up slowly.	Marshals to check all boats for adequate buoyancy measures, e.g. properly fitted hatch covers, before boating, having been briefed beforehand. A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Cold water immersion leading to mild hypothermia	2	B	Low	X		X	X				

3	Extreme* heat (* indicates subjective conditions, as decided by the SU team)	Athletes and officials to wear sunscreen and stay hydrated.	Pre-event coxing briefing and emails before the event to be sent if forecasts suggest likelihood of hot weather. Senior Umpire to monitor conditions with the help of Event Committee and marshals.	People unprotected from sun	Administer First Aid. Keep casualties cool and hydrated.	Water available at boathouses, all marshals have radios to summon First Aid if needed.	Heatstroke, sunburn	2	B	Low	X	X					X	X	Crews, Coxswains				
4	Extreme* cold (* indicates subjective conditions, as decided by the SU team)	Athletes to wear sufficient layers during warm up and racing. Delays, cancellation, or restrictions on racing to be implemented if appropriate.	Pre-event coxing briefing and emails before the event to be sent if forecasts suggest likelihood of cold weather. Senior Umpire to monitor conditions with the help of Event Committee and marshals.	Athletes becoming too cold on the water	Rescue with launch if needed. Administer First Aid. Warm up casualties slowly.	A fully equipped safety launch in attendance at all times. Ensure there is sufficient safety cover. Check equipment prior to use. Hot water for drinks available at Race Desk.	Mild hypothermia, injury due to cold muscles before racing	2	B	Low	X	X					X	X	X	Crews, Coxswains			
		Officials to wear sufficient layers during shifts. Delays, cancellation, or restrictions on racing to be implemented if appropriate.	Emails before the event to be sent if forecasts suggest likelihood of cold weather. Senior Umpire to monitor conditions with the help of Event Committee.	Officials becoming too cold	Provide adequate First Aid cover. Regularly check officials are ok.	Welfare team to be set up by Event Committee to distribute hot drinks and monitor marshal and umpire wellbeing if necessary.	Mild/moderate hypothermia, slowed response time to incidents due to cold	3	C	Moderate	X	X					X	X	X	Umpires			
5	Low visibility	Use adequate lighting on boats. If visibility is reduced to less than 100m on any part of the racing course, then racing is suspended or cancelled.	Senior Umpire to monitor conditions with the help of Event Committee and marshals. Crews to be warned before the race if low visibility is likely to occur.	Crews crashing into obstacles, other boats or other river users	Boats fitted with backstays on forward-most port and starboard riggers and securely attached bow balls Rescue with launch. Administer First Aid. Warm casualty up slowly.	Marshals to perform boat checks on all boats before boating, having been briefed beforehand. A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment, injury to athletes, cold water immersion leading to mild hypothermia	3	B	Low	X	X			X	X			X	Coxswains, crews, coaches			
6	Ice conditions	Safety launches used to clear small quantities of ice from the racing course. Racing cancelled if launches cannot sufficiently clear the race course of ice.	Senior Umpire to monitor conditions with the help of Event Committee and marshals.	Boats collide with ice	Rescue with launch if necessary. Use launch to escort damaged boats to closest landing stage.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to boats	3	B	Low	X	X			X			X					
7	Significant ice on towpath	No bank riding. Crews requiring bank riders not allowed to race.	Senior Umpire and Race Secretary monitor conditions and make decision	Slipping on ice. Cyclist collides with bystander, cyclist or fixed object.	Event-related cyclists (if permitted) should wear helmets. Administer First Aid.	Provide adequate First Aid cover.	Injury from slipping or collision	2	B	Low	X							X	X	Bank riders			
Other water users																							
1	Other river traffic	Signs visible to river traffic displayed at the entry points onto the course. Senior Umpire to check river is clear using marshals and ensure other river users on the racing course are static before starting racing. Marshals to make sure crews stick to the sides of the river, as shown by the circulation pattern, leaving the centre free. Ensure crews do not spin in front of cruisers. Moor cruisers when a race is about to go off. Coxswains to observe the circulation pattern and not to spin in front of cruisers. Racing to be stopped by marshals if river traffic seems likely to cause a hazard to racing crews.	Pre-event contact made with other river users alerting them to the event (see event plan). Install signs displayed at the entry points onto the course. Brief marshals to make sure crews stick to the sides of the river, as shown by the circulation pattern leaving the centre free. Also not to allow crews to spin in front of cruisers. Key marshals equipped with megaphones to hail crews, and all marshals to communicate to other river users entering the course. Create holding points to moor cruisers up at when a race is about to go off. Brief coxswains to observe the circulation pattern and not to spin in front of cruisers. Brief coxes and crews to be aware of small craft such as paddleboarders and/or swimmers.	Collision between a crew and another river user	Boats fitted with backstays on forward-most port and starboard riggers and securely attached bow balls. Rescue damaged boat with launch if necessary. Administer First Aid.	Marshals to perform boat checks on all boats before boating, having been briefed beforehand. A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to boats	2	B	Low	X	X						X	X	Coxswains, other river users			
								Boats fitted with backstays on forward-most port and starboard riggers and securely attached bow balls. Rescue injured athlete with launch if necessary. Administer First Aid.	Marshals to perform boat checks on all boats before boating, having been briefed beforehand. A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Injury to athletes	2	B	Low	X	X					X	X	X	Coxswains, other river users
											Rescue with launch. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Athlete knocked into the water, cold water immersion leading to mild hypothermia.	2	B	Low	X	X			X	X	X
Handling boats on land																							
1	Boats being moved on land	Crews and coxswains to remain aware of spectators on land whilst moving boats.	Clubs aware of responsibilities for any supporters and spectators.	Collision between boats or blades and spectator	Administer First Aid.	Ensure adequate medical cover present. Marshals available at boathouses with radios to contact medical cover.	Injury to bystanders	2	C	Low								X	Coxswains, crews, captains				

					Rescue with launch if necessary. Administer First Aid. Warm casualty up slowly.	Ensure adequate medical cover present. Marshals available at boathouses with radios to contact medical cover. A fully equipped safety launch in attendance at all times. Check equipment prior to use.	Person knocked into river, cold water immersion leading to mild hypothermia.	2	B	Low								X	Coxswains, crews, captains		
2	Boats being moved on land	Crews recommended to lift with a straight back and use good technique. Coxswains to monitor safe technique.	Coxswains recommended to observe crew lifting boat and check for safe technique.	Lifting boats with poor technique	Administer First Aid.	Ensure adequate medical cover present. Marshals available at boathouses with radios to contact medical cover.	Spinal or other injuries	3	B	Low								X	Coxswains, crews		
Faulty, incorrectly set and poorly maintained equipment																					
1	Heel restraints broken or too loose	Boat checks to be conducted by marshals and crews.	Ensure that marshals checking equipment have instructions and a checklist.	Rower trapped in capsized boat.	Rescue with launch.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Becoming trapped in boat	3	B	Low							X	X	X	Crews, coxswains, coaches	
2	Coxswain wearing broken or poorly fitted lifejacket	Clubs to maintain lifejackets. Coxswains to fit lifejackets correctly. Marshals to check that coxes are wearing lifejacket over outer layer.	Instructions to marshals and competitors. Coxswains briefed on importance of lifejackets in pre-event briefing.	Lifejacket does not inflate when required.	Rescue with launch. Administer First Aid.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Water aspiration, drowning	4	B	Moderate							X	X	X	Club safety officers, coxswains, crews	
3	Other poorly maintained parts of rowing boat (e.g. steering cables, rudder, gates, riggers)	Boat checks for these issues to be conducted by crews, with marshals pointing them out if noticed during marshal boat checks (for heel restraints, backstays, floatation compartments and bowball).	Coxswains and crews reminded in pre-event briefings to check equipment before boating. Ensure that marshals checking equipment have instructions and a checklist.	Equipment failure, possible collision or capsize	Rescue with launch. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Damage to equipment, mild hypothermia	2	C	Low							X		X	Coxswains, crews	
4	Poorly maintained launch	Launch to be serviced regularly.	All launch users to be vigilant of any abnormal launch behaviour, and report it.	Mechanical failure, stranded launch	Rescue of launch using paddle. Rescue with another launch.	Launch to carry British Rowing recommended safety equipment, including a knife and paddle. Two launches in operation.	Damage to launch	2	B	Low							X		X	All launch passengers	
Pre-existing health conditions and low levels of fitness																					
1	Strenuous exercise	Rowers should warm up on land, and warm down and stretch. Coaches and captains to take into account medical history when selecting crews. Rowers should not compete if they feel unwell or are injured.		Over-exertion	Marshal contacts Race Desk who summon a launch to assist and alert first aiders by radio. Administer First Aid.	Ensure that marshals are properly briefed and equipped and that there is medical cover.	Hyperventilation, pulled muscles, cramp, back injury	1	D	Low	X							X	X	Coxswains, crews, coaches, captains	
2	Pre-existing health conditions	Crew members are responsible for carrying their own medication if required (e.g. inhaler). Athletes with pre-existing conditions are (along with their club) expected to be managing these in line with medical and BR guidance and taking appropriate precautions.	Prepare and provide Safety Briefing for competitors and inform them that they must read it.	Collapse of athlete on landing stages (e.g., asthma attack or serious fall)	Marshal contacts Race Desk who summon a launch to assist and alert first aiders by radio. Administer First Aid.	Ensure that marshals are properly briefed and equipped and that there is medical cover.	Serious health implications for competitor	3	B	Low	X							X	X	Coxswains, crews, coaches, captains	
				Collapse of athlete on the water (e.g., asthma attack)	Marshal contacts Race Desk, who summon a launch to assist and alert first aiders by radio. Administer First Aid. Marshals to klaxon a race if immediate First Aid is needed.	Ensure that marshals are properly briefed and equipped and that there is medical cover.	Serious health implications for competitor	3	C	Moderate	X		X			X	X				Coxswains, crews, coaches, captains
Towpath Use																					
1	Bank riders cycling fast to accompany crews	Only one bank rider allowed with each crew unless a second is allowed by Event Committee to train a Novice coxswain. Race Desk to keep a list of crews allowed two bank riders to ensure total number of bank riders stays low. Bank riders must have attended bank rider briefing in past 18 months. Bank riders to keep a good look out. Bike marshal warns towpath users of imminent race. Bank riders to make sure bikes have working brakes.	Bank rider briefing must be re-attended each 18 months. Event Committee to make intermittent checks on the number of bikes accompanying crews.	Collision involving accompanying cyclists	Bank rider stops to provide assistance or information as required. Marshal contacts Race Desk, who summon launch to assist and alert first aiders by radio. Administer First Aid.	Ensure that marshals are properly briefed and equipped and that there is medical cover.	Injury to cyclists and pedestrians	1	D	Low	X								X	X	Bank riders
					Rescue with launch if necessary. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Someone falls in river, cold water immersion leading to mild hypothermia.	2	B	Low	X						X	X			

2	Bike marshal cycling fast along towpath	Marshal to keep a good look out and to make sure bike has working brakes.	Marshal briefed beforehand. Marshal told to cycle slowly, avoid pedestrians, and get off bike to talk to large groups of pedestrians.	Collision involving bike marshal	Bike marshal to wear a helmet. Bike marshal stops to provide assistance or information as required. Marshal contacts Race Desk, who summon launch to assist and alert first aiders by radio. Administer First Aid.	Ensure that marshals are properly briefed and equipped and that there is medical cover.	Injury to cyclists and pedestrians	1	D	Low	X							X	
					Rescue with launch if necessary. Administer First Aid. Warm casualty up slowly.	A fully equipped safety launch in attendance at all times. Ensure that there is sufficient safety cover. Check equipment prior to use.	Someone falls in river, cold water immersion leading to mild hypothermia.	2	B	Low	X						X		
Contagious Diseases																			
1	Contagious diseases	Following National Health Service advice and government advisories	Sabbatical to remain aware of national health emergency news.	Participants needing to be hospitalised	Follow national health advice at the time.	Follow national health advice at the time.	Potentially serious health issues	2	A	Low	X	X	X	X	X	X	X	X	Members of competing clubs

<p>In the event of the Environment Agency (EA) displaying Amber or Red Boards at the local locks, which indicates a Strong Stream, OURCs have developed a range of contingency plans to allow the Regatta to continue in some form.</p> <p>Included is the 'Flag' state relating to the number of bucks drawn at Ilfley Weir (in brackets), which dictates what rowing takes place during training.</p> <p>In the event of debris obstructing the Weir, resulting in an abnormally conservative flag for a given level of stream, the OURCs Senior Member and University Sports Safety Officer may set the Flag after consultation with the EA and coordinating Senior Umpire. The SU will use this Flag when considering what controls should be put in place.</p>	
Controls in place to reduce risks	Persons responsible for ensuring controls in place
<p>Blue Flag (2-3 bucks) Good conditions (high water, but low stream and wind): Full Programme</p> <p>Poor conditions (high stream or winds): Senior Umpire to consider whether coxing restrictions are required with the aid of the OURCs Captain of Coxes. The course may be shortened on the SU's advice. Crews may be permitted to withdraw with no financial penalty at the discretion of the Race Secretary.</p>	<p>Event Committee, Race Secretary, Senior Umpire</p>
<p>Amber Flag (4 bucks) No Novice status coxswains. SU to consult with the Captain of Coxes regarding any further coxing restrictions. SU may cancel racing for less experienced crews. The course will be shortened on the SU's advice and consideration given to not permitting any above-Gut crew to go through the Gut. Crews may be permitted to withdraw with no financial penalty at the discretion of the Race Secretary. The race may be completely cancelled at the SU's discretion.</p>	
<p>Red Flag (5+ bucks) No Racing – event is cancelled.</p>	

		People	Assets	Probability				
				A	B	C	D	E
				Highly improbable <i>(has not been known to happen in rowing)</i>	Improbable <i>(has been known to happen in rowing)</i>	Possible <i>(could happen to about 1% of the club's active members per decade)</i>	Probable <i>(could happen to about 1% of the club's active members per year)</i>	Highly probable <i>(could happen to about 10% of the club's active members per year)</i>
Severity	1	Slight injury or health effect <i>(Requires little or no treatment; no need to take time off rowing or training)</i>	Minor damage to equipment <i>(<£100)</i>	Low	Low	Low	Low	Moderate
	2	Minor injury or health effect <i>(Requires First Aid or rest; potentially a few days off rowing or training)</i>	Damage repair costs low <i>(£500)</i>	Low	Low	Low	Moderate	Substantial
	3	Moderate injury or health effect <i>(Requires treatment beyond simple First Aid; potentially a week or so off rowing or training)</i>	High damage repair costs <i>(>£1000)</i>	Low	Low	Moderate	Substantial	Intolerable
	4	Major injury or health effect <i>(Requires hospital treatment for more than one day; potentially a few weeks off rowing or training)</i>	Very high damage repair costs <i>(loss of boat, 3rd party damage)</i>	Low	Moderate	Substantial	Intolerable	Intolerable
	5	Fatality or Life Threatening Injury or Health Effect <i>(could end a rowing career or cause hospitalisation for a few months)</i>	Major damage & major costs <i>(loss of several boats, high 3rd party damage)</i>	Moderate	Substantial	Intolerable	Intolerable	Intolerable

Low	An acceptable level of risk.
Moderate	An acceptable level of risk that should be reviewed.
Substantial	An unacceptable level of risk.
Intolerable	An unacceptable level of risk.